

BROCCOLI



FACTS

Grow Zone: 3 - 9

Family: Brassicaceae
(Formerly Cruciferae)

Genus: Brassica

Species: Oleracea

Variation: Italica

Native To: Mediterranean
Europe, Asia Minor

Mature Height: 1' - 4'

Mature Width: 1' - 3'

Type: Biennial cruciferous
vegetable

Growth Habit: Upright,
compact

Foliage: Green, large, flat,
wide & leathery simple
leaves with ruffled edges

Flowers: Tiny green flower
on large flower head

Propagation: Seeds

Why We Love Broccoli:

Broccoli is a hearty vegetable, rich in vitamin A, C, & K, as well as calcium, folate, and potassium. They are a variation of the same species as collards, kale, cabbage and brussel sprouts. These healthy, cold-weather vegetables are easy to grow in your own vegetable garden.

LIGHT

Full sun.

A cool weather crop, does best when harvested before or after the height of summer heat.

WATER

Prefers even moisture, water 1 - 2 inches per week.

Allow adequate drainage. Try not to get broccoli heads wet, can cause rot.

SOIL

Slightly acidic to neutral, fertile, well-draining soil. Fertilize every 4 to 6 weeks, starting 1 to 2 weeks after transplanting outside. Avoid too much nitrogen.

FYI: Feed and water broccoli well to encourage the growth of new heads. Harvest in cool morning temperatures. Do not grow B. oleracea in the same soil back to back if possible, benefit from crop rotation.

INTERESTING VARIETIES:

- *Brassica oleracea var. italica* 'Calabrese'
- *B. oleracea var. italica* 'Belstar'
- *B. oleracea var. italica* 'DiCicco'
- *B. oleracea var. italica* 'Purple Sprouting'
- *B. oleracea var. italica* 'Eastern Magic'
- *B. oleracea var. italica* 'Sun King'
- *B. oleracea var. italica* 'Waltham 29'

Call & visit for more tips:

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